

Hungry?

Have you ever experienced uncertainty about your next meal? I'm not referring to the indecision regarding where to have lunch. I'm asking about true food insecurity. It's a distressingly common problem faced by far too many people in our country and around the world daily.

Consider this: According to Feeding America (<https://hungerandhealth.feedingamerica.org/>) more than 37 million Americans- 11 million of them children- were food insecure in 2018. This means that these people lacked consistent access to enough food for an active and healthy life. The United States Department of Agriculture (USDA) recently reported that 11% of our population lives "... where the food intake of one or more household members was reduced and their eating patterns disrupted at times because the household lacked money and other resources for obtaining food." That poverty and hunger exist anywhere is a moral and social crisis of the first order.

Anza Electric Cooperative (AEC) has been proud to partner with FIND Food Bank, Inc. of Indio to help bring much needed USDA food resources to our community. We are grateful to the High Country Conservancy, the Thimble Club, and the dozens of community volunteers that help make this a reality every month. Please consider a visit to FIND at <http://www.findfoodbank.org/> and donate or volunteer.

Additionally, Borrego Health has joined our event, offering local residents health care services and information. In December, free flu shots were provided as well. <https://www.borregohealth.org/anza-community-health-center>

Interested in helping out? The distribution takes place at the AEC office at 58470 Hwy 371 in Anza on the second Saturday of every month from 10:30- 11:30 am. Volunteers are always welcome! For more information please call at 951-763-4333.

Thank you!

A handwritten signature in black ink, appearing to read 'Kevin Short', with a long horizontal line extending to the right.

Kevin Short
General Manager